



March 2024 Newsletter



Welcome to the Doncaster South Primary Care Network February Newsletter! Talking all things Health and Social Care for the patients located in the South of Doncaster


January Care Coordinator and ARRS team Highlights...

- 37 Social Prescribing referrals & 7 Health and Wellbeing referrals - as of February 2024 referral to both of these services has finished
- Our Clinical Pharmacists have carried out 189 Structured Medication Reviews with patients and our pharmacy team have completed 521 medication reconciliations
- 223 patients were sent messages to have blood pressure checks to reinforce work around Cardiovascular Disease
- 13 weight management referrals were processed for patients to take part in the Digital Weight Management Programme
- 72 patients had their initial appointment with the Chronic Pain Support Service
- Our Mental Health Practitioner Emma Nelthorpe had 95 successful appointments and 9 DNAs. She is now joined in the South Mental Health Practitioner team by Stacey Gill who begun seeing patients this month

South PCN Social Media Pages

We'd love you to follow our Facebook, Instagram, X and TikTok where we post lots of handy information from organisations in the local area. If you have any information you'd like us to share, please contact us at pcdltd.south-primary-caredoncaster@nhs.net

 <https://www.facebook.com/DoncasterSouthPCN>

 <https://www.instagram.com/doncastersouthpcn>

 <https://twitter.com/DonSouthPCN>

 <https://www.tiktok.com/@doncastersouthpcn>

Why not check out our website too <https://www.doncastersouthpcn.co.uk/>





VIRTUAL PATIENT PARTICIPATION GROUP

First Meeting scheduled Thursday 29th February at 12pm

Want to join our Virtual Patient Participation Group? If you're registered or connected to South Doncaster practices. Would you like to help shape and improve the services we provide? If yes, then this group is for you.

Contact us using the QR code, send us a message or email - pcdltd.south-primary-care-doncaster@nhs.net to register your interest and we will contact you.



Hello

Pharmacy First service

Introducing the new Pharmacy First service, here to make access to the treatment you need easier and quicker for these 7 common conditions.

Pop in to your local pharmacy or give them a call for more information.

Do you have any of the following?

Think **Pharmacy First**



Sinusitis



Sore throat



Earache



Infected insect bites



Impetigo



Shingles



UTIs in women

You are now able to visit your pharmacy for the above 7 common conditions without having to go to your GP to get a prescription first. Your pharmacist is a qualified health care professional who can help with your health problems. The pharmacist will offer you a private space to talk to you about your symptoms.

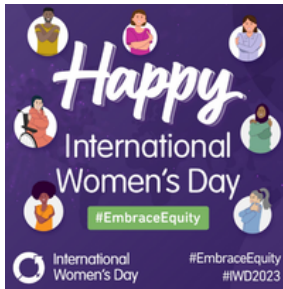
Advantages of seeing a pharmacist:

- improves access to care
- reduces the burden on GP services
- promotes patient empowerment and self-care
- provides necessary information and treatment options



Health Awareness Dates for your Diary for March 2024

International Women's Day 8/3/2024



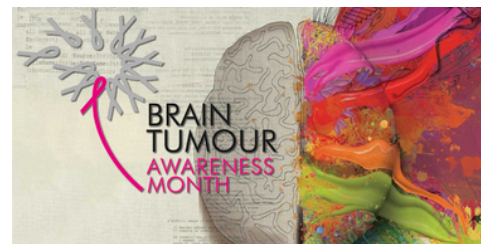
Ovarian Cancer Awareness Month



Prostate Cancer Month



Brain Tumour Awareness Month



Colorectal Cancer Awareness Month



National No Smoking Day 13/3/2024





South Doncaster PCN out and about in January

Care Coordinators have been out and about in our communities again during the last month, meeting our patients and encouraging conversations about health and wellbeing, whilst offering basic health checks and promoting cancer screening and awareness

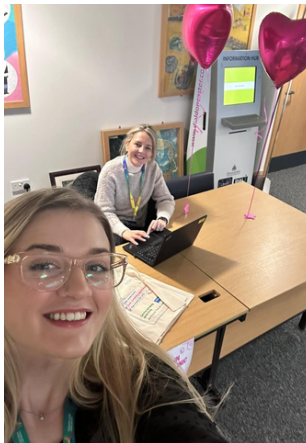


PCN Community Basic Health Checks

In recent months the Care Coordinators and Clinical Pharmacists have been holding events at local community and outreach centres to provide basic health checks.

At the end of January Elise, Eden and Osama visited the Helping Hands Community Centre in Edlington, where they provided opportunities for patients to speak to them about their health and wellbeing concerns. They provided advice about services available, completed referrals and carried out basic health checks including blood pressure and pulse checks, BMI calculations and more.

The team have had a really positive response since starting these health check events and aim to be consistent in their approach to improving access to healthcare within the community. Zoe also attended Helping Hands to provide help around the NHS App during the Tablet Course which was running on the same day as the health checks



Cervical Screening Event

As part of Cervical Cancer Prevention week we helped to host a drop-in Cervical Screening event at **The Martinwells Centre**. Care Coordinators Eden and Zoe were joined by Sally Abbott, Lead Colposcopist at DBTH and her colleague as part of their screening outreach project and we are pleased to report that this was a very successful day with some great patient feedback received. Out of the 20 available screening appointments on the day 17 ladies were screened - two of which had not been screened in the last 5 years and 3 of which had never been screened before

We continue to work with Sally to support with future events including a further Drop in / Pre Bookable Cervical Screening Event in Rossington Practice on March 22nd 2024

If you would like to arrange to attend this event for screening please scan the QR code to the left, complete the form and we will be in touch





South Locality Integrated Neighbourhood Workshop

January 23rd saw the Care Coordinator Leads for Health Inequalities - Claire and Paige, Digital & Engagement - Zoe, CVD - Eden and Personalised Care - Elise work with our Digital & Transformation Lead Kat together with Admin Care Coordinator Victoria helped to host the South Locality's first Integrated Neighbourhood Workshop

This event was held in collaboration with colleagues from City of Doncaster Council and Doncaster Place (ICB) and brought together a variety of community partners to listen to presentations from services operating in our area, but also to provide an opportunity for attendees to foster connections for future collaboration and to share valuable insights into how we can build a more integrated neighbourhood in order to tackle Health Inequalities



The Hygiene Bank Doncaster

In the run up to our new project with The Hygiene Bank Doncaster, which we hope to be able to share more about very soon, we were pleased to help coordinate the hand over some donations to volunteer Vicky

These kind donations, shown left, were made by **Conisbrough Group Practice** & also the staff at **The Rossington Practice**, who had used their team secret santa to donate items to this worthy cause





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